

PRE-TREATMENT INFORMATION FOR FACIAL INJECTABLES

It is prudent to follow some simple guidelines before treatment with facial injectables.

These steps can help to reduce some possible minor side effects associated with the injections.

- ★ Avoid alcoholic beverages at least 24 hours prior to treatment. Alcohol may thin the blood, which will increase the risk of bruising.
- ★ Avoid anti-inflammatory or blood thinning medications, ideally, for a period of two weeks before treatment. Medications and supplements such as Aspirin, Vitamin E, Gingko Biloba, Primrose Oil, St. John's Wort, Omega-3 Fish Oils, Ibuprofen and other NSAIDS, all have an effect of thinning the blood and can increase the risk of bruising/swelling after injections.
- ★ Owing to the potential for post-operative bruising and swelling, patients should not have any major life events scheduled for **two weeks following treatment**.
- ★ All clients must fully understand and complete a PRE-TREATMENT ONLINE CONSENT FORM to be eligible for treatment. This form indemnifies your Dentist against any and all adverse events following treatment.
- ★ Please wear comfortable clothing and do not apply heavy make-up on the day.

